

2012 State Profile — Minnesota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Minnesota, 347 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 17,369 clients in substance abuse treatment on March 30, 2012. The survey response rate in Minnesota was 97.1%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	168	48.4	6,749	38.9	407	36.3
Private for-profit	139	40.1	8,291	47.7	525	46.8
Local, county, or community government	8	2.3	410	2.4	18	1.6
State government	8	2.3	304	1.8	46	4.1
Federal government	2	0.6	845	4.9	--	--
Dept. of Veterans Affairs	2	0.6	845	4.9	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	22	6.3	770	4.4	125	11.2
Total	347	100.0	17,369	100.0	1,121	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	229	66.0	11,524	66.3	647	57.7
Mental health services	9	2.6	106	0.6	6	0.5
Mix of mental health and substance abuse treatment services	97	28.0	5,367	30.9	453	40.4
General health care	3	0.9	30	0.2	--	--
Other	9	2.6	342	2.0	15	1.3
Total	347	100.0	17,369	100.0	1,121	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	331	97.1	8,081	47.7	180	
Clients with drug abuse only	249	73.0	5,458	32.3	125	
Clients with alcohol abuse only	271	79.5	3,385	20.0	79	
Total	341		16,924	100.0	385	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 6.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	281	81.0	13,207	76.0	21	856	76.4
Regular	239	68.9	4,394	25.3	8		
Intensive	208	59.9	3,927	22.6	12		
Day treatment/partial hospitalization	61	17.6	609	3.5	--		
Detoxification	17	4.9	87	0.5	--		
Methadone maintenance	17	4.9	4,190	24.1	225		
Residential (non-hospital)	132	38.0	4,103	23.6	18	265	23.6
Short term (<30 days)	82	23.6	1,441	8.3	10		
Long term (30+ days)	106	30.5	2,024	11.7	10		
Detoxification	26	7.5	638	3.7	4		
Hospital Inpatient	6	1.7	59	0.3	9	--	--
Treatment	3	0.9	19	0.1	7		
Detoxification	5	1.4	40	0.2	2		
Total	347		17,369		24	1,121	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	15	1.3
Clients in Facilities with OTPs		
Methadone	3,751	91.1
Buprenorphine	274	6.7
Clients in Facilities without OTPs		
Buprenorphine	93	2.3
Total	4,118	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	329	94.8
Private health insurance	325	93.7
Medicare	96	27.7
Medicaid	155	44.7
State-financed health insurance	314	90.5
Federal military insurance	128	36.9
No payment accepted	2	0.6
Access to Recovery (ATR) vouchers ²	<i>n/a</i>	<i>n/a</i>
IHS/638 contract care funds	45	13.0
Other payments	43	12.4
Sliding fee scale	90	25.9
Treatment at no charge for clients who cannot pay	98	28.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	341	98.3
State substance abuse agency	289	83.3
State mental health department	81	23.3
State department of health	238	68.6
Hospital licensing authority	20	5.8
The Joint Commission	67	19.3
Commission on Accreditation of Rehabilitation Facilities	35	10.1
National Committee for Quality Assurance	4	1.2
Council on Accreditation	3	0.9
Other state/local agency/organization	41	11.8

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	185	53.3

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	344	99.1
Screening for substance abuse	325	93.7
Screening for mental health disorders	217	62.5
Comprehensive substance abuse assessment or diagnosis	335	96.5
Comprehensive mental health assessment or diagnosis	136	39.2
Screening for tobacco use	197	56.8
Outreach to persons in the community who may need treatment	190	54.8
Interim services for clients when immediate admission is not possible	114	32.9
Testing	320	92.2
Breathalyzer or other blood alcohol testing	245	70.6
Drug or alcohol urine screening	312	89.9
Screening for Hepatitis B	41	11.8
Screening for Hepatitis C	43	12.4
HIV testing	48	13.8
STD testing	36	10.4
TB screening	96	27.7
Counseling	346	99.7
Individual counseling	344	99.1
Group counseling	340	98.0
Family counseling	282	81.3
Marital/couples counseling	165	47.6
Transitional Services	347	100.0
Discharge planning	343	98.8
Aftercare/continuing care	324	93.4
Pharmacotherapies	123	35.4
Antabuse®	50	14.4
Naltrexone (oral)	58	16.7
Vivitrol® (injectable Naltrexone)	22	6.3
Campral®	49	14.1
Nicotine replacement	72	20.7
Non-nicotine smoking/tobacco cessation medications	48	13.8
Medications for psychiatric disorders	82	23.6
Methadone	26	7.5
Buprenorphine with naloxone (Suboxone®)	58	16.7
Buprenorphine without naloxone	26	7.5
Ancillary Services	346	99.7
Case management services	284	81.8
Social skills development	269	77.5
Mentoring/peer support	226	65.1
Child care for clients' children	26	7.5
Assistance with obtaining social services	196	56.5
Employment counseling or training for clients	121	34.9
Assistance in locating housing for clients	184	53.0
Domestic violence services	105	30.3
Early intervention for HIV	72	20.7
HIV or AIDS education, counseling, or support	236	68.0
Hepatitis education, counseling, or support	206	59.4

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	230	66.3
Substance abuse education	339	97.7
Transportation assistance to treatment	148	42.7
Mental health services	196	56.5
Acupuncture	17	4.9
Residential beds for clients' children	10	2.9
Self-help groups	222	64.0
Smoking cessation counseling	84	24.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	344	99.1
Relapse prevention	336	96.8
Cognitive-behavioral therapy	325	93.7
Motivational interviewing	306	88.2
Anger management	252	72.6
Brief intervention	239	68.9
12-step facilitation	290	83.6
Trauma-related counseling	211	60.8
Contingency management/motivational incentives	218	62.8
Rational emotive behavioral therapy (REBT)	174	50.1
Matrix Model	204	58.8
Computerized substance abuse treatment	40	11.5
Community reinforcement plus vouchers	52	15.0
Other treatment approaches	50	14.4

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	121	5
Number of clients ²	3,951	59
Number of designated beds	3,723	73
Utilization rate ³	106.1	80.8
Average number of designated beds per facility	31	15

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	288	83.0
Clients with co-occurring disorders	135	38.9
Adult women	108	31.1
DUI/DWI offenders	84	24.2
Adolescents	90	25.9
Adult men	89	25.6
Criminal justice clients	44	12.7
Persons who have experienced trauma	59	17.0
Pregnant or postpartum women	34	9.8
Persons with HIV or AIDS	10	2.9
Veterans	8	2.3
Seniors or older adults	15	4.3
LGBTQ ¹ clients	16	4.6
Active duty military	5	1.4
Members of military families	5	1.4
Other groups	54	15.6

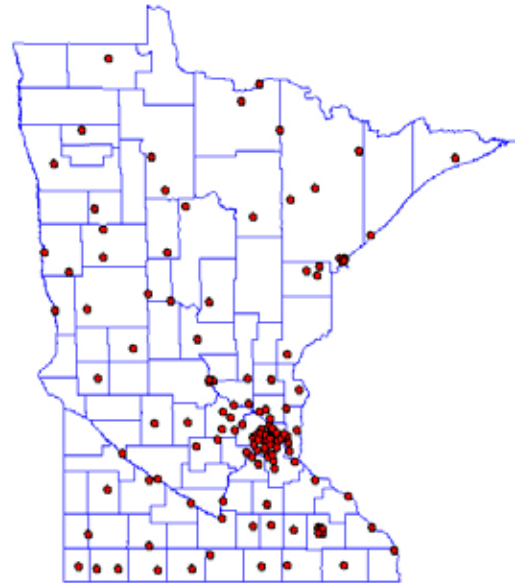
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	58	16.7
Any language other than English	65	18.7
Non-English Language Provided by:		
On-call interpreter only	43	66.2
Staff counselor only	13	20.0
Both staff counselor and on-call interpreter	9	13.8
Languages Provided by Staff Counselor:¹		
Spanish	12	54.5
American Indian/Alaska Native languages	5	22.7
Other	10	45.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/